

ICIQ

Thinking about how you have been, on average, over the PAST FOUR WEEKS.

1. How often do you leak urine? *(Tick one box)*

never 0

about once a week or less often 1

two or three times a week 2

about once a day 3

several times a day 4

all the time 5

We would like to know how much you think leaks.

2. How much urine do you usually leak (whether you wear protection or not)?
(Tick one box)

none 0

a small amount 2

a moderate amount 4

a large amount 6

3. Overall, how much does leaking urine interfere with your everyday life?
Please circle a number between 0 (not at all) and 10 (a great deal)

0 1 2 3 4 5 6 7 8 9 10
not at all a great deal

ICIQ score: sum scores 1 + 2 + 3

4. When does urine leak? *(Please tick all that apply to you)*

never – urine does not leak

leaks before you can get to the toilet

leaks when you cough or sneeze

leaks when you are asleep

leaks when you are physically active/exercising

leaks when you are finished urinating and are dressed

leaks for no obvious reason

leaks all the time

Source:

ICIQ: A Brief and Robust Measure for Evaluating the Symptoms and Impact of Urinary Incontinence
Neurourology and Urodynamics 23:322-330 (2004)