

## ICIQ

Thinking about how you have been, on average, over the PAST FOUR WEEKS.

1. How often do you leak urine? (*Tick one box*)

never  0

about once a week or less often  1

two or three times a week  2

about once a day  3

several times a day  4

all the time  5

We would like to know how much you think leaks.

2. How much urine do you usually leak (whether you wear protection or not)?  
(*Tick one box*)

none  0

a small amount  2

a moderate amount  4

a large amount  6

3. Overall, how much does leaking urine interfere with your everyday life?  
*Please circle a number between 0 (not at all) and 10 (a great deal)*

0 1 2 3 4 5 6 7 8 9 10  
not at all a great deal

**ICIQ score: sum scores 1 + 2 + 3**

4. When does urine leak? (*Please tick all that apply to you*)

never – urine does not leak

leaks before you can get to the toilet

leaks when you cough or sneeze

leaks when you are asleep

leaks when you are physically active/exercising

leaks when you are finished urinating and are dressed

leaks for no obvious reason

leaks all the time

Source:

ICIQ: A Brief and Robust Measure for Evaluating the Symptoms and Impact of Urinary Incontinence  
Neurourology and Urodynamics 23:322-330 (2004)